



CELEBRATING CONNECTIONS & COMMUNITY

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Community Living Belleville and Area Newsletter



United Way
Hastings & Prince Edward

Julian organized a team of people to ride on the MEGABike to help support the United Way Campaign Launch in September. The team rode with a purpose while having fun. They pedaled with high energy to raise money for local projects in the community.



CPS organized another successful "Amazing Race" in September. Participants completed a variety of challenges and activities within the community. Some of which included decoding messages, finding various landmarks in Belleville and taking pictures with them, and playing games that involved eating sour candy and searching for cherries on a plate of whip cream without using their hands. The first team who made it back to Darlene at the main office after completing all the challenges won the race!



September 30th—Truth & Reconciliation Day



Jeffrey's mom taught CPS the meaning of Orange Shirt Day. She displayed some traditional Indigenous items and showed an orange shirt symbol she designed.



Everyone who has chose to participate in the Log Home Creation paint nights have thoroughly enjoyed themselves!

Go to CommunityLivingBelleville.org to check out more events that are happening!

Spooky Season & Halloween Festivities



Some GOOD NEWS to Share!



Jenn, Julian & Donna

Julian's Volunteer Journey with Volunteer & Information Quinte (VIQ)

This fall, Julian took on an inspiring role with VIQ, participating in High School Information Fairs across local high schools. The fairs provided students with valuable opportunities to learn about various agencies and explore potential volunteer roles.

At each event, Julian engaged students by facilitating discussions at his booth and fostered connections between students and community resources, ensuring a positive start to the school year. His efforts and enthusiasm exemplify the spirit of volunteering and the impact it can have on young lives.

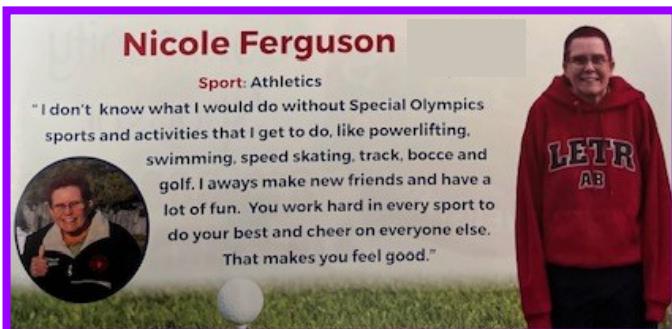


Andrew Builds a Network with Belleville Senators

Andrew has been building a network at the Belleville Senators games. He introduced himself to Steve Jones (Jonesy) a few years ago and has asked many questions to better understand the responsibilities of a referee and operating the goal light.

Andrew has had various opportunities to operate the goal light and be an operational goal judge with Jonesy.

This opportunity has allowed Andrew to demonstrate his independence and abilities.



Nicole Prepares for the Summer Games in Alberta

Nicole has qualified for the Summer Games in Medicine Hat Alberta in July 2026.

Nicole is committed to training 3 times per week in preparation, attending training camps and continues to ensure she is living a healthy and active life with good sleep and eating habits.

Nicole is hoping to qualify this summer for a position on Team Canada for the 2027 Special Olympics World Games in Chili.

The Power of Having a Choice

Thanks to the Outcomes Fund and the support from the Families First Coordinator, Vickie Brandt, Leah was able to pick out a brand new bedroom set and shop for clothing and winter wear. Leah was very excited to make her own choices and design her own space. This was Leah's first time shopping for herself and it won't be the last!



Glen and David go to Toronto

David and Glen wanted to get away and have some fun for a few days, they decided on Toronto for the night. They went to Arcadis Earth, the Titanic exhibit and Bubble Planet. Bubble Planet was the favourite for both David and Glen.



BUSY doing what we LOVE



Tanis, Tamara and Katrina's friendship has been blossoming!

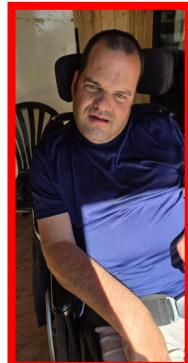


Andrew referring basketball.



Alex went on an overnight trip and he chose to visit Niagara Falls!

Genny enjoys getting together with her family, Friendship group, and Rally One Dances. Gen also attended a Blue Jays game in September that included a trip to the Spaghetti Factory. She has been busy with her Volunteer role at Our Lady of Fatima. Gen surprised the children with waffles & toppings on the last day of school before the holidays. Gen was thrilled to be called upon as an Angel in this years Christmas pageant at Maranatha Church.



Frank has enjoyed trying new experiences, such as karaoke, playing pool and shuffle board. Frank enjoys getting together with friends and he continues to enjoy his volunteer role with the Good Food Box and making deliveries.



A Secret to happiness is to simply be so busy loving your life that there's no room for drama or negativity.

Tracy, Charlene, Nicole Victoria and Ian at the Toronto Zoo!



Megan and Jami spend time at Wesley Acres visiting family and friends.



Megan and Richard at Presqu'ile Provincial Park.



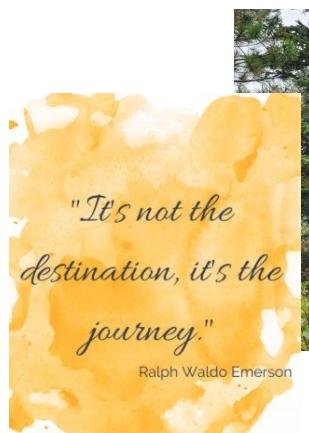
ADVENTURE AWAITS



Harvey traveled to his mom and dads for 6 days in September for his sisters wedding. Harvey had quite the journey. He took the train to the Billy Bishop Airport in Toronto and then flew to Thunder Bay, finishing the journey with a 4 hour drive North East to an Anishnawbe community called Aroland.

Harvey was able to spend lots of time with his family—reconnecting with relatives and celebrating his sisters wedding day.

Harvey helped decorate the wedding venue and then enjoyed the celebration which included a traditional indigenous smudging, singing, and dancing.



On the way back to the Thunder Bay Airport, Harvey explored Canada's longest pedestrian suspension bridge which is the 600-foot (182.8m) at Eagle Canyon Adventures in Dorion, Ontario. It offered thrilling views across the canyon. This experience was something that Harvey thoroughly enjoyed!

Julian and Kevin had the opportunity to travel to Cuba for 10 days in November! They joined their friends from Q.V.S.S., as well as both of their fathers.

Everyone had a wonderful time sitting pool side, sipping on cold beverages, playing games and socializing. Kevin and Julian said that one of their favourite things about the trip was going into town in the old cars that the hotel offered.

*Spreading JOY & CHEER ,
not just at CHRISTMAS TIME but throughout the YEAR*



United Way Bake Sale Fundraiser.



United Way Gift Wrapping at Quinte Mall.



Thank you to everyone who have donated to United Way HPE over the years. We couldn't do it without you!

Since 2020, CLBA has raised \$41,614 for United Way HPE!



Spreading joy at Hospice Quinte by giving the residents roses that were donated by Live, Love, Laugh Flowers.



Baking cookies to share with people.



Tree decorating at the office with Laura and her pup, Benji.



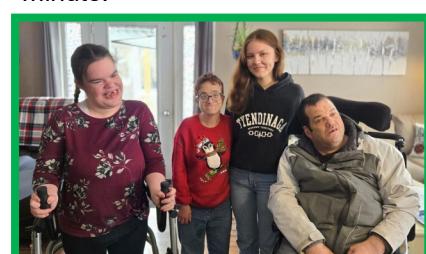
Kaleb playing with the Salvation Army band at Walmart, he enjoyed every minute!



Amar was involved in the Christmas Play through Friendship!



A very special thank you to the DeGroot Family for their extremely generous donation of a accessible van in honour of Heero DeGroot.



Fostering positive connections and having fun together!



Megan celebrating Christmas with her family.



Christmas Dress Up days at CPS always bring laughter!

Family Holiday Party



On December 6th, families from the Families First program gathered for a pancake and sausage breakfast that was followed by games, crafts, pictures with Santa and a whole lot of fun!

Afterwards, employees were invited to bring their families to participate in the holiday cheer.



Thank you to everyone that helped
make the party happen!

CHRISTMAS DINNER HOSTED BY CPS



Executive Director, Darlene Dale and Board
of Directors Chair, Ian Acton both joined
the luncheon and thoroughly enjoyed it!